

## 托福写作辅导：托福考试满分作文欣赏（1）

Which one do you prefer, to solve problems on your own experience and knowledge, or to ask others for advice?

As knowledge and experience serve as twin towers in problem-solving, one is often presented with two major paths that pave the way for final fulfillment, either to wrack his brain, just like what happened to Newton, sitting for many years under an apple tree and eventually figuring out one of the greatest universal rules that govern the whole globe, or to seek for others' wisdom through their advice, just as in the case of Benjamin Franklin, gathering great minds under one roof and then establishing a most world-renown library. Both ways work. When a practical goal is involved, however, Benjamin Franklin may best be regarded as a role model in this respect and asking people for advice often turn out to be the prime alternative.

Experience and knowledge borrowed or learned from others' advice contribute greatly to effectiveness and efficiency for a goal-accomplishment. Not all experience and knowledge related to problem-solving can be obtained by personal effort alone due to limitations of mind and capabilities of each individual. A single thought in someone's mind is, more often than not, far less shining compared with group's wisdom. That explains the famous old saying that one sees further when standing upon the shoulders of past great giants; that explains why a great leader is always with greater minds; that also explains why teamwork in cooperation is highly emphasized in the 21st century. Brainstorm and exchange of ideas between different thoughts never fail to enhance capabilities of each individual involved, a team, a company, an institution, a country, or even the entire global village.

Asking others' advice instead of getting everything done on one's own promotes democracy and communication too. In terms of democracy, it is necessary to give others rights and chances to speak since the problem may concern them in different ways, and their saying in turn reflects our respect toward freedom of speech as well as their wisdom. In terms of communication, idea exchange sometimes focuses more than solutions, and hereby better mutual understanding about perspectives, principles, practicalities and personalities of each other.

Admittedly turning to others for help and suggestion by no means refers to absolute and irresponsible dependence. Consideration upon different thoughts and ideas broadens our mind, enlarges our vision, furthers understanding, enhances more effective and efficient brainstorm, and stresses mutual respect in groups and communities, which undoubtedly gives rise to better, if not the best solutions. As is paraphrased from John F Kennedy, brainstormed, there is little we cannot do while divided, there is little we can do.

## 托福写作辅导：托福考试满分作文欣赏(2)

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### 托福写作辅导：托福考试满分作文欣赏(3)

After they complete their university studies, some students live in their hometowns. Others live in different towns and cities. Which do you think is better? Give reasons for your answer.

After they complete their university studies, some students prefer to live in their hometowns while others choose to live in different towns or cities. Everybody has his own reasons for his preference. After my graduation, I will go back and live in my home city. I have made this decision because of the following reasons.

Firstly, my home city is a big city that can offer a lot. There are plenty of opportunities for work, many big libraries for studies, several different museums for visit, and numerous cinemas, theaters and centers for entertainment. When I go back there, I will have no difficulty in finding a job suitable for me and I can make use of all the facilities available there.

Secondly, if I go back to my home city, I can look after my parents. I take this into consideration because I am their only child and they are now weak and getting on in age. If I live in the same city with them, I can visit them very often and help them whenever it is necessary.

Thirdly, if I live in my home city, I will have a lot of friends, schoolmates and relatives to visit and to turn to for help when I need. Of course, I could get acquainted with many people and make many friends if I were to go to live in a strange place, but that takes time. If I go back to my home city, everybody will be waiting for me and I will be able to settle down comfortably without any trouble and waste of time.

In short, my choice is based on a careful consideration of my home city and my family. I think it is a better or sensible choice; in a certain sense, it is a must.

Neighbors are the people who live near us. In your opinion, what are the qualities of a good neighbor? Use specific details and examples in your answer.

## 托福写作辅导：托福考试满分作文欣赏(4)

If you have a good neighbor, you are a lucky person. You have someone who cares about your needs and your property, who is helpful in the little day-to-day situations that come up, and who is supportive in times of crisis.

A good neighbor is someone who, for instance, understands that your children may occasionally run across his lawn,- even though you tell them not to. He'll realize that children can be careless about things like that, and he won't make a big fuss about it unless it becomes a regular thing. In the same vein, he knows that you'll understand if some of the trash from his trash cans blows across into your yard. In other words, he is sensitive to the unintentional things that can happen. He doesn't make a big deal about them.

A good neighbor is also respectful of your property. For example, she asks your permission before doing anything that interferes with what's yours. This means she wouldn't plant a huge tree in between your houses without asking how you felt about it. If she wanted to put up a fence, she would let you know first. She might work with you to decide where it should be placed. Maybe the two of you would even split the cost.

A good neighbor would lend you some milk if you ran out. She'd give you a ride to work if your car was broken, and let your children stay at her house in the evening if you got stuck working overtime. You would do the same for her. Both of you would help make the other's life easier.

When something really awful happens to you, like a death in the family, a good neighbor will volunteer to help in any way he can. This could mean something small, like making some casseroles to put in your freezer to feed visiting relatives. Or it could mean something big, like helping you get through the sadness of the funeral.

I think only someone who has experienced a bad neighbor can really appreciate a good one! A good neighbor can be a good friend. He or she can make all the difference in the world to your life.

## 托福写作辅导：托福考试满分作文欣赏(5)

Some people prefer to eat at food stands or restaurants. Other people prefer to prepare and eat food at home. Which do you prefer? Use specific reasons and examples to support your answer.

Some people like to eat out at food stands and restaurants, while others like to prepare food at home. Often it depends on the kind of lifestyle people have. Those with very busy jobs outside the house don't always have time to cook. They like the convenience of eating out. Overall, though, it is cheaper and healthier to eat at home.

While eating in restaurants is fast, the money you spend can add up. When I have dinner at a restaurant with a friend, the bill is usually over twenty dollars. I can buy a lot of groceries with that much money. Even lunch at a fast-food stand usually costs five or six dollars for one person. That's enough to feed the whole family at home.

Eating at home is better for you, too. Meals at restaurants are often high in fat and calories, and they serve big plates of food-much more food-than you need to eat at one meal. If you cook food at home, you have more control over the ingredients. You can use margarine instead of butter on your potatoes, or not put so much cheese on top of your pizza. At home, you can control your

portion size. You can serve yourself as little as you want. In a restaurant, you may eat a full plate of food "because you paid for it."

It's true that eating out is convenient. You don't have to shop, or cook, or clean up. But real home cooking doesn't have to take up a lot of time. There are lots of simple meals that don't take long to make. In fact, they're faster than eating out, especially if you think of the time you spend driving to a restaurant, parking, waiting for a table,, waiting for service, and driving home.

Both eating at restaurants and cooking at home can be satisfying. Both can taste good and be enjoyed with family and friends. I prefer cooking at home because of the money and health issues, but people will make the choice that fits their lifestyle best.

## 托福写作辅导：托福考试满分作文欣赏(6)

题目：It has recently been announced that a new movie theater may be built in your neighborhood. Do you support or oppose this plan? Why? Use specific reasons and details to support your answer.

### A New Movie Theater

Entertainment is an important part of everyone's life. We all need to take time to relax in group to live healthy lives and do our work efficiently. It is easier to relax when an appropriate form of entertainment is convenient and close by. Therefore, I would support a proposal to build a new movie theater in my neighborhood.

Entertainment places can bring some disadvantages to a community such as increased traffic and noise, but I believe the advantages of a new movie theater would outweigh these concerns. For one thing, the people in my neighborhood would save time. When they wanted to see a movie they could simply walk to the new theater rather than spend time traveling by bus or car. In addition, it would be safer for children to visit a nearby movie theater rather than one in some other part of the city. And finally, a new theater might attract other businesses, such as restaurants and coffee shops, where the people of my neighborhood could go to relax.

In short, a new movie theater in the neighborhood would increase the number of entertainment options for the residents. They could enjoy themselves more easily without spending a lot of time traveling to another part of the city. For these reasons I would support the building of a movie theater in my neighborhood.

译文：一家新电影院

娱乐是每个人生活中一个重要的组成部分。我们全都需要时间放松才能过健康的生活并有效率地工作。在住家附近有合适而且方便的娱乐设施能使我们更容易放松心情。因此，我赞成在住家附近兴建一家新电影院的提议。

娱乐场所会为社区带来一些缺点，比如增加交通流量及噪音，但是我认为新电影院的优点多于缺点。首先，它可以节省附近居民的时间。当他们想看电影时，他们只要走路到电影院，而不需要花时间坐公共汽车或开车去。此外，对小孩子而言，到附近的电影院比到市区其他地方的电影院安全许多。最后，一家新的影院可能会吸引其他商家前来，比如餐厅及咖啡厅，附近居民可以到这些地方轻松一下。

简言之，住家附近兴建新的电影院可以增加居民娱乐上的选择。居民可以更容易得到娱乐，而不用花很多时间前往其他地方。基于这些理由，我赞成在我的住家附近兴建电影院。

## 托福写作辅导：托福考试满分作文欣赏(7)

Do you agree or disagree with the following statement? Dancing plays an important role in a culture. Use specific reasons and examples to support your answer.

舞蹈在文化中起到重要的作用，同意与否？

Around the world, people gather to explore their emotions through dance. The dances are created as part of celebrations, as religious services, as preparation for challenging hunts and warfare and to express sorrow (less often than the other situations). Indeed, dance does play an important role within a culture and reveals a wide range of information about the characteristics of a culture. Three of the most revealing aspects of dance are the nature of the culture's symbols and art forms revealed in costumes and equipment, the body language (moves and gestures) which give information about social contact behaviors and frequently the style of preferred music for the culture.

Ethnic dances, and certainly popular dancing, anywhere around the world have associated preferences for costumes and special clothing. Through dancing, the participants are able to reveal and express their chosen role in the garments they choose; social roles in the dance are shown public ally to the observers as well as the other dancers. Frequently dancers utilize objects like swords or sticks or hoops or musical instruments to further reveal information about their role in the social story portrayed in the dance. Items such as special headwear and jewelry are further examples of the garments that in general express preferences and culturally significant details about the particular culture.

Dancers, by the very nature of the activity, physically express beliefs and attitudes associated with their specific culture. In many dances the participants are modeling typical activities of their culture and thus imparting instructions and historical information to the audience. In other dances, one can see expressions of deep emotion: love, worship, grief, strength, anger, etc. and thus obtain clues about the inner feelings of the culture's individuals. Dance provides an opportunity for others to witness some of the special behaviors associated with activities in the culture. Also, dance is a (usually) public statement so that observers can see how members of the culture treat those who are older members of the opposite sex, more respected members, etc.

The third aspect of dance that reveals much about a culture is the music or singing that is typically a part of the event. Observers can see evidence of the of the types of instruments characteristics of the culture, and who plays these instruments as well as how they are used -- instruments may be associated only with special events and thus transmit valuable cultural information. Frequently singing is part of a dance program, and again an observer has an opportunity to observe who is singing and the nature of the voices. I found this aspect of dance particularly fascinating during a brief time I spent in a rural village in Zimbabwe a few years ago.

Dancing is indeed a very important aspect of any culture. It provides a communal opportunity for members of the culture to artistically express emotions while acting out typical activities and concerns in their world. For outsider observers, many valuable details about the culture are revealed.

## 托福写作辅导：托福考试满分作文欣赏(8)

Some people prefer to live in a small town. Others prefer to live in a big city. Which place would you prefer to live in? Use specific reasons and details to support your answer.

The Advantages of City Life

There are undeniable advantages to both life in a big city and in a small town. The former offers more excitement and convenience while the latter offers a cleaner, quieter and often friendlier place to live. However, despite the advantages of small town life, I prefer to live in a big city for several reasons.

First, life in the city is more convenient. More goods are available and stores are open later. Also, there is better public transportation so it is easier to get around. I can find almost anything I want easily in the city. Second, there are more ways to spend leisure time in the city. There are many places I can go to meet friends and have fun. Finally, and most importantly, the city offers more educational and career opportunities. The city often attracts the best teachers and the best companies. There is also a wider choice of jobs so it is easier to move up the career ladder.

For all of these reasons, I prefer to live in the city. Although I sometimes miss the fresh air and quiet life of a small town, nothing can make up for the opportunities that the city offers me. If one wants to be successful, I believe the best place to live is the city.

#### 都市生活的优点

在大都市和在小城镇生活各有优点，这是不可否认的。前者提供给人们比较多的乐趣及便利，而后者则提供给人们一个比较干净、安静，而且通常更亲切的居住场所。然而，尽管小镇生活有这些优点，但基于某些理由，我还是比较喜欢住在大都市里。

首先，都市生活比较方便，可以买到比较多的商品，而且商店营业时间比较晚。此外，都市里有较好的公共运输工具，到哪里都比较容易。在都市里，我几乎可以轻易地找到任何我想要的东西。其次，在都市里有更多的方式消磨休闲时间。有很多地方可以让我去认识朋友，并且玩得很开心。最后，也是最重要的一点是，都市提供更多教育及就业的机会。都市往往能吸引最好的老师以及最好的公司。因为工作机会比较广泛，所以要升迁也比较容易。

基于上述种种理由，我比较喜欢住在都市。虽然有时候我会想念小镇新鲜的空气及安静的生活，但没有什么可以弥补都市提供给我的机会。如果想要成功，我认为最好的居住地点就是都市。

## 托福写作辅导：托福考试满分作文欣赏(9)

"When people succeed, it is because of hard work. Luck has nothing to do with success." Do you agree or disagree with the quotation above? Use specific reasons and examples to explain your position.

#### The Role of Luck in Success

It has been said that when people succeed, it is because of hard work and that luck has nothing to do with success. Although I believe that hard work is very important and is the surest way to success for most people, I must disagree with this statement. It cannot be denied that luck often plays an important role in success. For example, many important discoveries have been made by accident. There have been many cases of researchers and inventors making major breakthroughs while they were actually trying to solve another problem or create a different device.

Furthermore, there is something to be said for simply being in the right place at the right time—perhaps meeting someone by chance who can offer a good job or rare opportunity. And of course, there are the rare examples of gamblers and lottery winners who beat the odds and achieve sudden and unexpected success.

While the influence of luck cannot be ignored, this is not to say that one should depend on it

and ignore the value of hard work. If one is willing to work hard, I believe that success will eventually be achieved, with or without the added benefit of luck. Moreover, hard work is often an essential ingredient of luck because it enables one to take advantage of a lucky encounter. If the scientist has not worked hard to develop his knowledge and skills, he may not recognize that lucky breakthrough when it comes along. Therefore, my suggestion is not to count on luck to bring you success. Instead, work hard and keep your eyes open for that lucky opportunity.

运气在成功里所扮演的角色

有人说一个人会成功是因为努力，而运气和成功则是一点关系也没有。虽然我相信努力很重要，而且对大部分的人来说，努力是成功最可靠的方法，可是我不得不反对这种说法。能否成功，运气扮演着一个很重要的角色，这是不可否认的事实。例如，很多重要的发现都是在偶然情况下发生的。有很多实例表明，有重大突破的研究人员和发明家，原本是要试图解决其他问题或是发明别的仪器。

而且，仅仅是天时地利这方面也有一些关系--也许是偶然碰到能提供好的工作和珍贵机会的人。当然也有极少数赌徒和彩票得主得到突如其来、意想不到的成功。

尽管运气的影响力不容忽视，但也不表示人就应该完全靠运气，而忽视努力的价值。如果一个人愿意努力，不论有没有运气额外的帮助，我相信终究还是会成功。此外，因为努力能让人充分利用幸运的机会，所以努力通常也是运气的必要因素。如果科学家没有努力培养自己的知识和技巧，那么当某个幸运的突破出现时，他可能也看不出来。因此，我建议大家不要指望运气能带来成功。相反地，应该努力，并随时注意不要错过任何好机会。

## 托福写作辅导：托福考试满分作文欣赏(10)

Do you agree or disagree with the following statement? Universities should give the same amount of money to their students' sports activities as they give to their libraries. Use specific reasons and examples to support your opinion.

Money for Sports Activities

A student's education does not only consist of learning academic subjects. It is also important for students to develop other skills, such as teamwork, and healthy habits that will last them a lifetime. One way to do this is to encourage more participation in sports activities. Although it is important to provide adequate funding for academic services such as the school library, I believe it is important to fund sports activities equally.

A student's primary education goal is to pursue knowledge. Therefore, the school library is very important. However, the resources that a library buys are long-lasting. In addition, students now have resources other than the school library to support their studies. For example, many have their own computers and access to the Internet. Sports activities, on the other hand, require some investment every year. Equipment wears out and needs to be replaced more often than library resources. Furthermore, a school that provides good athletic equipment for its students will find that they are more willing to participate in physical activities. Since these activities are also an important part of their education, the importance of good equipment cannot be ignored.

Ideally, a school should provide its students with a well-balanced education that helps them develop all of their skills. For this reason, it is important that schools do not ignore sports activities. Setting aside more money for these activities will help schools to develop better physical education programs and encourage more students to participate in them.

资助体育活动

学生的教育不是只有各学科的学习。对学生而言，培养其他技能也是很重要的，例如团队合作以及可终身受益的健康习惯。达到此项目标的方法之一是鼓励学生多参加体育活动。虽然提供充足的经费资助学术性设施，如图书馆，是很重要的，但我认为，资助体育活动也同样重要。

学生受教育的主要目标是追求知识，因此，学校图书馆非常重要。然而，图书馆所购买的资源是可以长期使用的。此外，现在学生除了学校图书馆之外，也有其他的资源可协助他们的学习。例如，许多学生都有自己的电脑，并且可以使用互联网。而另一方面，体育活动则每年都需要一些经费投资。运动器材会耗损，因此比图书馆的资源更需要经常更换。此外，学校如果为学生提供良好的运动器材，就会发现学生会比较愿意参加体育活动。因为这些活动也是教育很重要的一部分，所以良好的运动器材的重要性是不容忽视的。

理想的做法是，学校应该提供学生非常均衡的教育，以帮助他们培养各项技能。基于这项理由，学校不能忽视体育活动，这一点是很重要的。拨出更多的经费资助这些活动，可以帮助学校发展更好的体育课程，并鼓励更多学生参与。

## 托福写作辅导：托福考试满分作文欣赏(11)

附近有工厂的利弊

题目

A company has announced that it wishes to build a large factory near your community. discuss the advantages and disadvantages of this new influence on your community. do you support or oppose the factory? explain your position.

范文 a factory near the neighborhood

Having a factory nearswheresone lives brings with it both advantages and disadvantages. an obvious advantage is an increase in the number of available jobs, and many people in the community might find employment in the new factory. the factory would bring money into the community in other ways as well. it would have to pay some taxes to the local government, and workers might go shopping or eat at a restaurant in the area before or after their shifts.

However, the factory would bring some disadvantages, too. depending on what kind of factory it is, it might pollute the environment and bring down property values. it would be sure to increase traffic in the area, causing congestion and making it unsafe for children to play outside. finally, the neighborhood would become a noisy, busy place. for all of these reasons, i would be opposed to the construction of a new factory near my community. while the employment opportunities would help the community, i believe it would be better for residents to commute to work and preserve the peace of our neighborhood.

## 托福写作辅导：托福考试满分作文欣赏(12)

为何要改造家乡环境

题目

If you could change one important thing about your hometown, what would you change? use reasons and specific examples to support your answer.

范文

My hometown is a large city with a dense population. because it is crowded with people and their vehicles, the environment is not as clean as i would like it to be. too many cars and buses

pollute the air and people also create a lot of garbage that is not always disposed of properly. if i could change just one thing about my hometown, it would be the environment. i would make it a cleaner and less polluted place to live.

I believe that such a change is important because a person's living environment can greatly affect both his physical and mental health. bad air quality can contribute to many health problems such as asthma, and improperly discarded garbage can spread bacteria that are dangerous to health. in addition, the environment can greatly affect the way a person feels. when in clean, attractive surroundings we always feel more optimistic. for these reasons, i think the people of my hometown should work together to make it a cleaner place to live.

Insgroupsto accomplish this goal we have to not only enact laws to limit pollution, but also take personal responsibility for our own actions. only when people realize the effect that the environment has on their well-being will they take such proposals seriously. therefore, we must first inform people of the dangers of a poor environment. then i believe we can all live happier, healthier lives.

## 托福写作辅导：托福考试满分作文欣赏(13)

有时是否该做不喜欢的事

题目

do you agree or disagree with the following statement? people should sometimes do things that they do not enjoy doing. use specific reasons and examples to support your answer.

范文

Doing things we don't enjoy

everyone has certain likes and dislikes, and there is no denying that we all prefer to do the things that we like. however, sometimes doing things we don't enjoy can be beneficial for us, and sometimes it is necessary. therefore, i agree that people should sometimes do things that they do not enjoy.

one reason is that some of the things that we don't enjoy are good for us. for example, not everyone likes to exercise, but exercise is good for our health and so we should all do it anyway. likewise, not many people enjoy going to see a dentist or a doctor, but it is good for us to take care of ourselves, so we should all visit dentists and doctors regularly for a checkup. another reason is that, at times, the things we dislike are necessary. students must take tests insgroupsto complete their studies, and everyone must work insgroupsto make a living. and finally, doing things we dislike can also open up new possibilities for us. most people can probably remember hating a certain food when they were children even though they enjoy that same food now. so, when we do things we dislike, we may discover something we do like along the way, or simply find a better way to deal with the things we must do.

no one likes to do things he doesn't enjoy, especially when there is no benefit in doing them. but doing things we don't like can be good for us at times, and so i believe that we should sometimes give them a try.

译文

每个人都有某些自己喜欢和不喜欢的事，而且不可否认的是，我们都比较喜欢做自己喜欢做的事。然而，偶尔做些我们不喜欢做的事对我们是有益的，而且有时候是必要的。因此，我赞成人们应该偶尔做些自己不喜欢做的事情。

其中一个理由是，有些我们不喜欢的事是对我们有好处的。例如，并非所有的人都喜欢运动，但运动有益健康，所以无论如何我们都应该做运动。同样地，大部分的人都不喜欢看牙医或医生，但是注意自己的身体健康是件好事，所以我们都应该定期看牙医和医生，做健康检查。另外一个理由是，有时候我们不喜欢的东西却是必须要做的。学生必须考试才能完成学业，而每个人都必须工作才能谋生。最后一个理由是，做我们不喜欢的东西能够提供给自己新的可能性。大部分的人可能都记得，自己小时候很讨厌某种食物，虽然现在很爱吃那种食物。所以，当我们在做自己不喜欢的事情时可能会在做的过程中发现自己喜欢的事，或者能找到更好的方法来应付我们必须做的事。

没有人喜欢做自己不喜欢的事，特别是从中得不到好处的时候。但是有时候，做我们不喜欢的东西却对我们有好处。因此，我认为，我们有时候应该试着做不爱做的事。

## 托福写作辅导：托福考试满分作文欣赏(14)

是否赞同居民区建电影院

题目

It has recently been announced that a new movie theater may be built in your neighborhood. do you support or oppose this plan? why? use specific reasons and details to support your answer.

范文

A new movie theater

Entertainment is an important part of everyone's life. we all need to take time to relax in groupsto live healthy lives and do our work efficiently. it is easier to relax when an appropriate form of entertainment is convenient and close by. therefore, i would support a proposal to build a new movie theater in my neighborhood.

Entertainment places can bring some disadvantages to a community such as increased traffic and noise, but i believe the advantages of a new movie theater would outweigh these concerns. for one thing, the people in my neighborhood would save time. when they wanted to see a movie they could simply walk to the new theater rather than spend time traveling by bus or car. in addition, it would be safer for children to visit a nearby movie theater rather than one in some other part of the city. and finally, a new theater might attract other businesses, such as restaurants and coffee shops, where the people of my neighborhood could go to relax.

In short, a new movie theater in the neighborhood would increase the number of entertainment options for the residents. they could enjoy themselves more easily without spending a lot of time traveling to another part of the city. for these reasons i would support the building of a movie theater in my neighborhood.

译文

娱乐是每个人生活中一个重要的组成部分。我们全都需要时间放松才能过健康的生活并有效率地工作。在住家附近有合适而且方便的娱乐设施能使我们更容易放松心情。因此，我赞成在住家附近兴建一家新电影院的提议。

娱乐场所会为社区带来一些缺点，比如增加交通流量及噪音，但是我认为新电影院的优点多于缺点。首先，它可以节省附近居民的时间。当他们想看电影时，他们只要走路到电影院，而不需要花时间坐公共汽车或开车去。此外，对小孩子而言，到附近的电影院比到市区其他地方的电影院安全许多。最后，一家新的影院可能会吸引其他商家前来，比如餐厅及咖啡厅，附近居民可以到这些地方轻松一下。

简言之，住家附近兴建新的电影院可以增加居民娱乐上的选择。居民可以更容易得到娱

乐，而不用花很多时间前往其他地方。基于这些理由，我赞成在我的住家附近兴建电影院。

## 托福写作辅导：托福考试满分作文欣赏(15)

舞蹈在文化中的作用

题目

Do you agree or disagree with the following statement? dancing plays an important role in a culture. use specific reasons and examples to support your answer.

参考范文

Around the world, people gather to explore their emotions through dance. the dances are created as part of celebrations, as religious services, as preparation for challenging hunts and warfare and to express sorrow (less often than the other situations). indeed, dance does play an important role within a culture and reveals a wide range of information about the characteristics of a culture. three of the most revealing aspects of dance are the nature of the culture's symbols and art forms revealed in costumes and equipment, the body language (moves and gestures) which give information about social contact behaviors and frequently the style of preferred music for the culture.

Ethnic dances, and certainly popular dancing, anywhere around the world have associated preferences for costumes and special clothing. through dancing, the participants are able to reveal and express their chosen role in the garments they choose; social roles in the dance are shown public ally to the observers as well as the other dancers. frequently dancers utilize objects like swords or sticks or hoops or musical instruments to further reveal information about their role in the social story portrayed in the dance. items such as special headwear and jewelry are further examples of the garments that in general express preferences and culturally significant details about the particular culture.

Dancers, by the very nature of the activity, physically express beliefs and attitudes associated with their specific culture. in many dances the participants are modeling typical activities of their culture and thus imparting instructions and historical information to the audience. in other dances, one can see expressions of deep emotion: love, worship, grief, strength, anger, etc. and thus obtain clues about the inner feelings of the culture's individuals. dance provides an opportunity for others to witness some of the special behaviors associated with activities in the culture. also, dance is a (usually) public statement so that observers can see how members of the culture treat those who are older members of the opposite sex, more respected members, etc.

The third aspect of dance that reveals much about a culture is the music or singing that is typically a part of the event. observers can see evidence of the of the types of instruments characteristics of the culture, and who plays these instruments as well as how they are used -- instruments may be associated only with special events and thus transmit valuable cultural information. frequently singing is part of a dance program, and again an observer has an opportunity to observe who is singing and the nature of the voices. i found this aspect of dance particularly fascinating during a brief time i spent in a rural village in zimbabwe a few years ago.

Dancing is indeed a very important aspect of any culture. it provides a communal opportunity for members of the culture to artistically express emotions while acting out typical activities and concerns in their world. for outsider observers, many valuable details about the culture are revealed.

## 托福写作辅导：托福考试满分作文欣赏(16)

都市生活的优点

题目

Some people prefer to live in a small town. Others prefer to live in a big city. Which place would you prefer to live in? Use specific reasons and details to support your answer.

范文

### The Advantages of City Life

There are undeniable advantages to both life in a big city and in a small town. The former offers more excitement and convenience while the latter offers a cleaner, quieter and often friendlier place to live. However, despite the advantages of small town life, I prefer to live in a big city for several reasons.

First, life in the city is more convenient. More goods are available and stores are open later. Also, there is better public transportation so it is easier to get around. I can find almost anything I want easily in the city. Second, there are more ways to spend leisure time in the city. There are many places I can go to meet friends and have fun. Finally, and most importantly, the city offers more educational and career opportunities. The city often attracts the best teachers and the best companies. There is also a wider choice of jobs so it is easier to move up the career ladder.

For all of these reasons, I prefer to live in the city. Although I sometimes miss the fresh air and quiet life of a small town, nothing can make up for the opportunities that the city offers me. If one wants to be successful, I believe the best place to live is the city.

译文

在大都市和在小城镇生活各有优点，这是不可否认的。前者提供给人们比较多的乐趣及便利，而后者则提供给人们一个比较干净、安静，而且通常更亲切的居住场所。然而，尽管小镇生活有这些优点，但基于某些理由，我还是比较喜欢住在大都市里。

首先，都市生活比较方便，可以买到比较多的商品，而且商店营业时间比较晚。此外，都市里有较好的公共运输工具，到哪里都比较容易。在都市里，我几乎可以轻易地找到任何我想要的东西。其次，在都市里有更多的方式消磨休闲时间。有很多地方可以让我去认识朋友，并且玩得很开心。最后，也是最重要的一点是，都市提供更多教育及就业的机会。都市往往能吸引最好的老师以及最好的公司。因为工作机会比较广泛，所以要升迁也比较容易。

基于上述种种理由，我比较喜欢住在都市。虽然有时候我会想念小镇新鲜的空气及安静的生活，但没有什么可以弥补都市提供给我的机会。如果想要成功，我认为最好的居住地点就是都市。

注释

undeniable adj. 不可否认的

public transportation 公共交通工具

get around 到处走动(=get about)

ladder n. 阶梯；发迹的途径

## 托福写作辅导：托福考试满分作文欣赏(17)

运气在成功里所扮演的角色

题目

"When people succeed, it is because of hard work. Luck has nothing to do with success." Do you agree or disagree with the quotation above? Use specific reasons and examples to explain your position.

范文

### The Role of Luck in Success

It has been said that when people succeed, it is because of hard work and that luck has nothing to do with success. Although I believe that hard work is very important and is the surest way to success for most people, I must disagree with this statement. It cannot be denied that luck often plays an important role in success. For example, many important discoveries have been made by accident. There have been many cases of researchers and inventors making major breakthroughs while they were actually trying to solve another problem or create a different device.

Furthermore, there is something to be said for simply being in the right place at the right time—perhaps meeting someone by chance who can offer a good job or rare opportunity. And of course, there are the rare examples of gamblers and lottery winners who beat the odds and achieve sudden and unexpected success.

While the influence of luck cannot be ignored, this is not to say that one should depend on it and ignore the value of hard work. If one is willing to work hard, I believe that success will eventually be achieved, with or without the added benefit of luck. Moreover, hard work is often an essential ingredient of luck because it enables one to take advantage of a lucky encounter. If the scientist has not worked hard to develop his knowledge and skills, he may not recognize that lucky breakthrough when it comes along. Therefore, my suggestion is not to count on luck to bring you success. Instead, work hard and keep your eyes open for that lucky opportunity.

译文

有人说一个人会成功是因为努力，而运气和成功则是一点关系也没有。虽然我相信努力很重要，而且对大部分的人来说，努力是成功最可靠的方法，可是我不得不反对这种说法。能否成功，运气扮演着一个很重要的角色，这是不可否认的事实。例如，很多重要的发现都是在偶然情况下发生的。有很多实例表明，有重大突破的研究人员和发明家，原本是要试图解决其他问题或是发明别的仪器。

而且，仅仅是天时地利这方面也有一些关系——也许是偶然碰到能提供好的工作和珍贵机会的人。当然也有极少数赌徒和彩票得主得到突如其来、意想不到的成功。

尽管运气的影响力不容忽视，但也不表示人就应该完全靠运气，而忽视努力的价值。如果一个人愿意努力，不论有没有运气额外的帮助，我相信终究还是会成功。此外，因为努力能让人充分利用幸运的机会，所以努力通常也是运气的必要因素。如果科学家没有努力培养自己的知识和技巧，那么当某个幸运的突破出现时，他可能也看不出来。因此，我建议大家不要指望运气能带来成功。相反地，应该努力，并随时注意不要错过任何好机会。

## 托福写作辅导：托福考试满分作文欣赏(18)

资助体育活动

题目

Do you agree or disagree with the following statement? Universities should give the same amount of money to their students' sports activities as they give to their libraries. Use specific reasons and examples to support your opinion.

范文

## Money for Sports Activities

A student's education does not only consist of learning academic subjects. It is also important for students to develop other skills, such as teamwork, and healthy habits that will last them a lifetime. One way to do this is to encourage more participation in sports activities. Although it is important to provide adequate funding for academic services such as the school library, I believe it is important to fund sports activities equally.

A student's primary education goal is to pursue knowledge. Therefore, the school library is very important. However, the resources that a library buys are long-lasting. In addition, students now have resources other than the school library to support their studies. For example, many have their own computers and access to the Internet. Sports activities, on the other hand, require some investment every year. Equipment wears out and needs to be replaced more often than library resources. Furthermore, a school that provides good athletic equipment for its students will find that they are more willing to participate in physical activities. Since these activities are also an important part of their education, the importance of good equipment cannot be ignored.

Ideally, a school should provide its students with a well-balanced education that helps them develop all of their skills. For this reason, it is important that schools do not ignore sports activities. Setting aside more money for these activities will help schools to develop better physical education programs and encourage more students to participate in them.

参考译文

学生的教育不是只有各学科的学习。对学生而言，培养其他技能也是很重要的，例如团队合作以及可终身受益的健康习惯。达到此项目标的方法之一是鼓励学生多参加体育活动。虽然提供充足的经费资助学术性设施，如图书馆，是很重要的，但我认为，资助体育活动也同样重要。

学生受教育的主要目标是追求知识，因此，学校图书馆非常重要。然而，图书馆所购买的资源是可以长期使用的。此外，现在学生除了学校图书馆之外，也有其他的资源可协助他们的学习。例如，许多学生都有自己的电脑，并且可以使用互联网。而另一方面，体育活动则每年都需要一些经费投资。运动器材会耗损，因此比图书馆的资源更需要经常更换。此外，学校如果为学生提供良好的运动器材，就会发现学生会比较愿意参加体育活动。因为这些活动也是教育很重要的一部分，所以良好的运动器材的重要性是不容忽视的。

理想的做法是，学校应该提供学生非常均衡的教育，以帮助他们培养各项技能。基于这项理由，学校不能忽视体育活动，这一点是很重要的。拨出更多的经费资助这些活动，可以帮助学校发展更好的体育课程，并鼓励更多学生参与。

## 托福写作辅导：托福考试满分作文欣赏(19)

不应该强制规定必须上课

题目

Some people believe that university students should be required to attend classes. Others believe that going to classes should be optional for students. Which point of view do you agree with? Use specific reasons and details to explain your answer.

范文

## Class Attendance Should Not Be Compulsory

It is undoubtedly true that students should take their studies seriously. This means not only

doing the required work, but also actively pursuing every opportunity to learn. So of course they should attend their classes to receive the maximum benefit. However, I do not believe that there is a need to make class attendance mandatory at the university level.

By the time they reach university, students are no longer children. They are young adults and should be able to take responsibility for their actions. Attending their classes is of benefit to them, and while it may be tempting to skip them once in a while, it is not the responsible choice. Adults must be able to manage their time on their own and to make their own decisions. If a student misses too many classes and so does poorly in a course, he will have to accept the consequences and learn from his mistake. Finally, non-compulsory class attendance may not only lead to improvements in the students, but also in the teaching. Of course, every professor likes to see full attendance at his classes. If students are not coming to class, the professor should ask himself why. Perhaps the students do not understand the relevance of the material to their studies.

In conclusion, I believe that class attendance should not be required for university students. They should learn to make the right decisions for themselves, and this is one way to encourage the development of independence and responsibility.

译文

学生应该认真对待自己的学业，这无疑是正确的。这也就意味着，学生不仅要完成学校所要求的功课，也要主动寻求各种学习机会。所以，学生当然应该去上课，以得到最多的益处。然而我认为，到了大学阶段，就没有必要强制规定学生上课一定要出席。

学生上了大学就不再是小孩子了，他们是年轻的成人，应该有能力为自己的行为负责。上课对他们是有利的，虽然偶尔逃课颇令人心动，但这并不是负责任的选择。成年人必须能够管理自己的时间，自己做决定。如果学生因为缺课太多而使某个科目考得很差，他就必须接受后果，从自己的错误中吸取教训。最后，不强制上课可能不仅使学生进步，而且也可改善教学。当然，每位教授都乐于见到自己上课时的学生出席率为百分之百。如果学生不来上课，教授应该扪心自问为什么会如此。或许是因为学生们不了解上课的内容和学业之间有何关联。

总之，我认为不应该强制规定大学生上课必须出席。他们应该学习自己做正确的决定，而这正是鼓励学生培养独立精神和责任感的方法之一。

## 托福写作辅导：托福考试满分作文欣赏(20)

电视对沟通的影响

题目

Do you agree or disagree with the following statement? Television has destroyed communication among friends and family. Use specific reasons and examples to support your opinion.

范文

The Effects of Television on Communication

There is no doubt that television has greatly changed people's lives. After its invention, it became an almost indispensable part of most households within the space of just a few years. Nowadays, many families have two or even three television sets so that every member of the family can watch what he wants whenever he wants. In my opinion, this has significantly reduced the amount of time that family and friends spend communicating with each other.

Before the invention of television, people spent their leisure time in more active and social

pursuits. They often played cards or other games, listened to the radio together or went out to see friends. But now television is widely available and it offers a variety of program choices that appeal to almost every interest. People no longer have to look to others for entertainment. Also, television can be like a sedative. Studies have shown that watching a great deal of television makes people more passive. Finally, people are simply watching increasing amounts of television. And with two or three TV sets in the house, there is no need for them to even watch it together.

Although television has reduced the amount of time that family and friends spend together, it doesn't have to be this way. People can make the choice to turn off the TV and do something more active. Or, if they really want to watch TV, they can find a thought-provoking program that they would all like to watch and discuss afterwards.

译文

电视已经大大地改变了人们的生活，这一点是毋庸置疑的。电视在其发明后的短短几年内几乎成为大多数家庭中不可或缺的一部分。现在许多家庭拥有两台甚至三台电视机，每个家庭成员随时可以看自己想看的节目。我认为这样已使得家人和朋友之间沟通的时间大为减少。

在电视发明之前，人们有空就会做一些比较积极的消遣，并进行社交活动。人们会经常玩扑克牌或其他游戏，一起听收音机或出去拜访朋友。但是现在电视很普及，有各式各样的节目可供选择，几乎能让每个人都很有趣，于是人们便不再寻求其他的娱乐。而且，电视就好像镇静剂一样。有研究指出，观看大量的电视节目会让人变得比较消极。最后，人们看电视的时间变得越来越多，而且有两台或三台电视机的家庭，其家人甚至都不在一起看电视。

虽然电视已使家人和朋友之间相聚的时间变少，但这并非是必然的结果。人们可以选择关上电视，去从事一些更积极的活动。或者如果真的想看电视，也可以找一个大家都想看的思考性节目，看完之后可以一起讨论。

注释

indispensable adj. 不可或缺的 significantly adv. 相当大地

pursuit n. 工作；消遣 thought-provoking adj. 发人深省的

## 托福写作辅导：托福考试满分作文欣赏(21)

题目

How do movies or television influence people's behavior? Use reasons and specific examples to support your answer.

范文

### The Influence of Television and Movies

There is no doubt that watching television and movies can influence the way that people behave. Moreover, it seems that people are spending more and more time watching some sort of visual entertainment, whether it is television, a video tape or a DVD. Therefore, the effects of visual media cannot be ignored.

One obvious effect of these media is that watching them induces people to buy certain products. Television advertising is widespread and, nowadays, even movie theaters permit advertisements. Another way TV and the movies affect people is that they give people either a broader view of the world or a distorted one, depending on what type of program they watch. Those who watch news and educational program can learn many new things while those who watch primarily entertainment shows may come to believe that most people in the world possess

great wealth and good looks. It may make them become dissatisfied with their own lives. Finally, perhaps the most susceptible viewers are children, who may be unable to tell fact from fiction and may try to imitate acts that they see on TV or in the movies.

With the ever-increasing popularity of video entertainment, society must pay attention to these effects. Television and movies, while entertaining and informative, cannot take the place of real experience.

译文

电视电影对公众的影响

电视和电影无疑会影响人们的行为举止。此外，人们似乎在花越来越多的时间去观看一些视觉娱乐节目，无论是电视、录像带，或是 DVD。因此，视觉媒体的影响是不容忽视的。

这些媒体所造成的最明显的影响是，人们在观看之后会被诱使去购买某些产品。现在电视广告非常普遍，即使是电影院，也允许播放广告。另外一个电视及电影会影响人们的方式是，它们能使人们对世界有更广阔的见解或是扭曲的看法，而这取决于人们所观看的是什么样的节目。凡是观看新闻性及教育性节目的人可以学习许多新事物，而主要观看娱乐节目的观众可能就会认为，世界上大多数的人都很有钱，而且长得都很好看，这可能会使他们对自己的生活感到不满意。最后，儿童可能是最容易受影响的观众。他们可能无法分辨真实与虚构，而且可能会试着模仿在电视或电影中所看到的行为。

由于视觉娱乐越来越普遍，所以社会大众必须注意其可能造成的影响。尽管电视及电影兼具娱乐性和知识性，但还是无法取代实际的经验。

注释

behave v.行为举止                      visual adj.视觉的

DVD 数码影音光碟(=digital visual disk)

media n. (pl.)媒体                      take the place of 取代

tell A from B 分辨 A 与 B              fiction n.虚构的事

imitate v.模仿                              ever-increasing adj.不断增加的

video adj.电视影像的                      informative adj.能增进知识的

## 托福写作辅导：托福考试满分作文欣赏(22)

题目

It has been said, "Not everything that is learned is contained in books." Compare and contrast knowledge gained from experience with knowledge gained from books. In your opinion, which source is more important? Why?

范文

Book Knowledge vs Experience

Knowledge can be acquired from many sources. These include books, teachers and practical experience, and each has its own advantages. The knowledge we gain from books and formal education enables us to learn about things that we have no opportunity to experience in daily life. We can study all the places in the world and learn from people we will never meet in our lifetime, just by reading about them in books. We can also develop our analytical skills and learn how to view and interpret the world around us in different ways. Furthermore, we can learn from the past by reading books. In this way, we won't repeat the mistakes of others and can build on their achievements.

Practical experience, on the other hand, can give us more useful knowledge. It is said that one

learns best by doing, and I believe that this is true, whether one is successful or not. In fact, I think making mistakes is the best way to learn. Moreover, if one wants to make new advances, it is necessary to act. Innovations do not come about through reading but through experimentation. Finally, one can apply the skills and insights gained through the study of books to practical experience, making an already meaningful experience more meaningful. However, unless it is applied to real experiences, book knowledge remains theoretical and, in the end, is useless. That is why I believe that knowledge gained from practical experience is more important than that acquired from books.

## 参考译文

## 书本知识与实际经验

获得知识的来源有很多，其中包括书本、老师，以及实际经验，而每一种都有其优点。从书本上及正规教育中所获得的知识使我们知道在日常生活中没有机会亲身去体验的事。通过读书，我们可以研究世界各地的资料，还可以向不曾谋面的人学习。我们也可以培养分析的技巧，并学习如何以不同的方式去观察并理解周围的世界。此外，我们可以通过读书，从历史中获取教训。如此一来，就不会再重复别人的错误，并且能够以他人的成就作为我们行动的基础。

另一方面，实际经验能够给我们更多有用的知识。大家都说从做中学的效果最好，我也认为的确如此，无论一个人成功与否。事实上，我认为犯错是最好的学习方式。此外，如果想要有新的进展，就必须付诸行动。想要创新，只靠阅读是不够的，必须要去实践。最后，我们可以将通过读书所获得的技巧和见解应用于实际经验中，使得原本有意义的经验变得更有意义。不过，除非我们能将书本知识运用于实际经验中，否则书本知识终究仍只是理论，毫无用处。那就是为什么我会认为从实际经验中获得的知识比从书本中所得到的知识更为重要。

## 注释

acquire v. 获得

source n. 来源

practical adj. 实际的

gain v. 获得

formal adj. 正规的

study v. 研究

achievements n.(pl.) 成就

on the other hand 另一方面

innovation n. 创新

come about 产生

theoretical adj. 理论的

in the end 到最后；终究

## 托福写作辅导：托福考试满分作文欣赏(23)

## 题目

Is it better to enjoy your money when you earn it or is it better to save your money for some time in the future? Use specific reasons and examples to support your opinion.

## 范文

## The Advantages of Saving Money

Everyone must work to live, but many people are fortunate enough to make more money than they immediately need. What should they do with this extra income? While it is tempting for people to spend it all on things they desire, I believe it is better to save at least a portion of the extra income for the future.

By saving money, people give themselves more security. They cannot predict the future; perhaps one day they will be jobless. At a time like this their savings can spare them a great deal

of suffering and help to see them through the hard time. In addition, saving money allows people to build up a larger sum. They can then buy something more worthwhile than the small things they can but if they spend the money right away. For example, they may be able to buy a house with their savings. Finally, the practice of saving helps people develop the habit of setting goals and planning for their future. In this way they are bound to lead more meaningful and successful lives.

Most people would like to enjoy their money immediately. Nobody likes to wait for the things that he wants. However, if we learn to save our money, we can gain more advantages in the future. We will lead more secure and, thus, happier lives. We will also be able to buy the things we truly want but cannot afford right now.

参考译文

存钱的好处

每个人都必须工作以求生存，但是有许多人很幸运，能够赚得比他们立即需要的还要多的钱。他们应该如何处理这些额外的收入呢？尽管把钱全花在自己想买的东西上是很诱人的，但我认为最好至少把一部分的额外收入存起来，以备将来之需。

通过存钱，人们能获得更多的安全感。未来是无法预测的，或许有一天我们会失业。碰到像这样的情况，存款可以让我们免去许多痛苦，帮助我们渡过难关。此外，存钱可以使人积累较多的钱，可以用于买更有价值的东西，比马上把钱花掉所能买到的东西更实用。例如，我们可以用存款买房子。最后，存钱能帮助我们培养设定目标及为未来作计划的习惯。如此一来，我们一定会过着更有意义并且更成功的生活。

大部分的人会想要马上享用手边的钱。没有人想等到以后再买想要的东西。然而，如果我们学会存钱，未来可以获得更多的好处。我们将过着更有安全感而且更快乐的生活。我们也能购买我们真正想要但现在无法负担的东西。

注释

immediately adv.立刻      extra adj.额外的  
do with 处理              predict v.预测  
savings n. (pl.)存款      spare v.免除  
see through 帮助...度过      in addition 此外

## 托福写作辅导：托福考试满分作文欣赏(24)

题目

It is better for children to grow up in the countryside than in a big city. Do you agree or disagree? Use specific reasons and examples to develop your essay.

范文

Both the countryside and an urban environment have many things to offer. Many important museums and cultural venues can be found in the city. There is also often good access to educational resources and a wide variety of job opportunities. However, the countryside offers a more relaxed and peaceful way of life. Communities are often close-knit and secure. Although both environments offer good opportunities for development, it is my opinion that life in the countryside is more beneficial for children.

One important advantage of raising children in the countryside is that the environment is cleaner and healthier. With fresh air to breathe, less crowded living conditions, and more chances to take part in physical exercise, children in the country are usually healthier than those in the city. Another advantage of country living is safety. There is not only less crime in the countryside, but

also fewer traffic accidents. Parents do not need to worry so much when their children are playing outside. A third advantage is the stronger sense of community in the country. Children know their neighbors and learn to care about others at an early age. Finally, a country upbringing allows children to experience a more natural environment without all the distractions of entertainment places in the city. Thus, they can concentrate on their schoolwork and their families.

Due to the great number of advantages in raising children in the country, I believe it is better for children to grow up there rather than in a city. Without all the dangers and distractions of city life, they will grow up healthier and better grounded in the moral values of their culture.

译文

乡下和都市环境都有许多优点。许多重要的博物馆和文化活动地点都位于都市。虽然在都市有良好的教育资源以及各种各样的工作机会可利用，然而，乡间却能给人较轻松而且平静的生活方式。社区之间通常是紧密结合，较为安全。虽然两种环境都能提供良好的发展机会，但依我之见，乡下生活对孩子而言是比较有益的。

在乡下养育小孩的优点之一是，乡下整个环境比较干净、健康。乡下有新鲜空气可呼吸，生活环境较不拥挤，并且有更多让身体运动的机会，所以乡下小孩通常比都市小孩健康。乡下生活的另一个优点是安全。乡下不只犯罪事件较少，交通事故也较少。孩子们在外面玩的时候，父母比较放心。第三个优点是，在乡下有较强烈的社区观。孩子们都认识邻居，所以从小就能学习关心他人。最后，在乡下长大，能够让孩子体验更自然的环境，而不会因都市里各种娱乐场所而分心。因此，他们可以更专注于学校的学业和家庭生活。

由于在乡下养育小孩有这么多优点，所以我认为，孩子在乡下成长比在都市好。没有都市的各种危险和令人分心的事物，他们可以更健康地长大，并且在他们的文化道德价值观方面奠定更好的基础。

## 托福写作辅导：托福考试满分作文欣赏(25)

题目

People attend college or university for many different reasons (for example, new experiences, career preparation, increased knowledge). Why do you think people attend college or university? Use specific reasons and examples to support your answer.

范文

Why People Attend College or University?

There are many advantages to a college or university education. Students have ample opportunity to explore a variety of interests, increase both their general and specific knowledge, prepare for a chosen career and develop independence. All of these are valuable goals to achieve, but it is my belief that most students today pursue higher education in groupsto prepare for their future careers.

In the past, only the rich and privileged had the opportunity to attend a university and their goals were very different. Coming from wealthy families, few of them would have to compete for a job after graduation, and most wished only to be considered well-educated. Today's students are more practical. They must be able to compete in a very competitive job market; therefore, a practical education is very important. Furthermore, higher education is a big investment and so most students want to get all they can out of it. For these students, it is better to have clearly defined career and education goals rather than to try and find themselves in college. Of course, all students want to increase their knowledge, but I believe that most students today want that

knowledge to be relevant to their future careers.

The world has changed a great deal since universities were established. They are still wonderful places for acquiring broad knowledge and for personal development. However, in today's competitive world these pursuits must be balanced with the pursuit of more specific goals. That is why I think most students view higher education as a valuable tool in career preparation.

参考译文

人们为什么要上大学?

大学教育有很多优点。大学生能有充分的机会去探索自己感兴趣的各种事物、增长一般与特定的知识、为自己所选定的职业生涯做准备,并培养独立的个性。这些全都是值得追求的宝贵目标。但是我认为,现今大多数的学生接受高等教育是为了要对未来的职业生涯做准备。

在过去,只有富人及特权阶级才有机会上大学,而且他们的目标相差悬殊。因为他们出身于富有的家庭,所以毕业后很少有人必须要和别人竞争,以取得工作机会,大多数只是希望让别人觉得他们受过良好的教育。现在的大学生实际得多。由于必须在竞争激烈的就业市场和别人竞争,因此,讲求实用价值的教育就变得很重要。此外,高等教育是一项重大的投资,所以大多数的学生都会竭尽全力,想从中得到一切。对这些学生而言,最好是有明确的职业和教育目标,而不是在大学中才试着自己去寻找。当然,所有的学生都想要增长知识,但是我认为,现在大多数的学生都希望获得跟未来职业相关的知识。

自从大学设立以来,世界已有了重大的改变。大学仍然是一个获得广泛知识和寻求个人发展的极佳的场所。然而,在这个竞争激烈的世界里,在追求这些目标的同时,还必须更有明确的目标来加以平衡。那就是为什么我会认为大多数的学生都视高等教育为职业准备的一项宝贵的工具。

注释

ample adj.充足的

explore v.探索

a variety of 各式各样的

specific adj.特定的

chosen adj.选出来的

pursue v.追求

higher education 高等教育

privileged adj.有特权的

practical adj.实际的

competitive adj.竞争激烈的

## 托福写作辅导: 托福考试满分作文欣赏(26)

People attend college or university for many different reasons (for example, new experiences, career preparation, increased knowledge). Why do you think people attend college or university? Use specific reasons and examples to support your answer.

范文:

People attend colleges or universities for a lot of different reasons. I believe that the three most common reasons are to prepare for a career, to have new experiences, and to increase their knowledge of themselves and the world around them.

Career preparation is becoming more and more important to young people. For many, this is the primary reason to go to college. They know that the job market is competitive. At college, they can learn new skill for careers with a lot of opportunities. This means careers, such as information technology, that are expected to need a large workforce in the coming years.

Also, students go to colleges and universities to have new experiences. This often means having the opportunity to meet people different from those in their hometowns. For most students,

going to college is the first time they've been away from home by themselves. In additions, this is the first time they've had to make decisions on their own. Making these decisions increases their knowledge of themselves.

Besides looking for self-knowledge, people also attend a university or college to expand their knowledge in subjects they find interesting. For many, this will be their last chance for a long time to learn about something that doesn't relate to their career.

I would recommend that people not be so focused on a career. They should go to college to have new experiences and learn about themselves and the world they live in.。

## 托福写作辅导：托福考试满分作文欣赏(27)

Do you agree or disagree with the following statement? Parents are the best teachers. Use specific reasons and examples to support your answer.

范文

Throughout my life, I have been lucky enough to have a very good relationship with my parents. They have supported me, given me necessary criticism, and taught me a great deal about how to live my life. Parents can be very important teachers in our lives; however, they are not always the best teachers.

Parents may be too close to their children emotionally. Sometimes they can only see their children through the eyes of a protector. For example, they may limit a child's freedom in the name of safety. A teacher might see a trip to a big city as a valuable new experience. However, it might seem too dangerous to a parent.

Another problem is that parents may expect their children's interests to be similar to their own. They can't seem to separate from their children in their mind. If they love science, they may try to force their child to love science too. But what if their child's true love is art, or writing, or car repair?

Parents are usually eager to pass on their value to their children. But should children always believe what their parents do? Maybe different generations need different ways of thinking. When children are young, they believe that their parents are always right. But when they get older, they realize there are other views. Sometimes parents, especially older ones, can't keep up with rapid social or technology changes. A student who has friends of all different races and backgrounds at school may find that her parents don't really understand or value the digital revolution. Sometimes kids have to find their own ways to what they believe in.

The most important thing to realize is that we all have many teachers in our lives. Our parents teach us, our teachers teach us, and our peers teach us. Books and newspapers and television also teach us. All of them are valuable.

## 托福写作辅导：托福考试满分作文欣赏(28)

Nowadays, food has become easier to prepare. Has this change improved the way people live? Use specific reasons and examples to support your answer.

范文

The twentieth century has brought with it many advances. With those advances, human lives have changed dramatically. In some ways life is worse, but mostly it is better. Changes in food

preparation methods, for example, have improved our lives greatly.

The convenience of preparing food today is amazing. Even stoves have gotten too slow for us. Microwave cooking is much easier. We can press a few buttons and a meal is completely cooked in just a short time. People used to spend hours preparing an oven-cooked meal, and now they can use that time for other, better things. Plus, there are all kinds of portable, prepackaged foods we can buy. Heat them in the office microwave, and lunch at work is quick and easy.

Food preparation today allows for more variety. With refrigerators and freezers, we can preserve a lot of different foods in our homes. Since technology makes cooking so much faster, people are willing to make several dishes for even a small meal. Parents are more likely to let children be picky, now that they can easily heat them up some prepackaged macaroni and cheese on the side. Needless to say, adults living in the same house may have very different eating habits as well. If they don't want to cook a lot of different dishes, it's common now to eat out at restaurants several times a week.

Healthful eating is also easier than ever now. When people cook, they use new fat substitutes and cooking sprays to cut fat and calories. This reduces the risk of heart disease and high cholesterol. Additionally, we can buy fruits and vegetable fresh, frozen or canned. They are easy to prepare, so many of us eat more of those nutritious items daily. A hundred years ago, you couldn't imagine the process of taking some frozen fruit and ice from the freezer, adding some low-fat yogurt from a plastic cup and some juice from a can in the refrigerator, and whipping up a low-fat smoothie in the blender!

## 托福写作辅导：托福考试满分作文欣赏(29)

A company has announced that it wishes to build a large factory near your community. Discuss the advantages and disadvantages of this new influence on your community. Do you support or oppose the factory? Explain your position.

范文：

New factories often bring many good things to a community, such as jobs and increased prosperity. However, in my opinion, the benefits of having a factory are outweighed by the risks. That is why I oppose the plan to build a factory near my community.

I believe that this city would be harmed by a large factory. In particular, a factory would destroy the quality of the air and water in town. Factories bring smog and pollution. In the long run, the environment will be hurt and people's health will be affected. Having a factory is not worth that rise.

Of course, more jobs will be created by the factory. Our population will grow. To accommodate more workers, more homes and stores will be needed. Do we really want this much growth, so fast? If our town is going in growth, I would prefer slow growth with good planning. I don't want to see rows of cheaply constructed townhouses. Our quality of life must be considered.

I believe that this growth will change our city too much. I love my hometown because it is a safe, small town. It is also easy to travel here. If we must expand to hold new citizens, the small-town feel will be gone. I would miss that greatly.

A factory would be helpful in some ways. However, I feel that the dangers are greater than the benefits. I cannot support a plan to build a factory here, and hope that others feel the same way.

## 托福写作辅导：托福考试满分作文欣赏(30)

It has been said, “Not every thing that is learned is contained in books.” Compare and contrast knowledge gained from experience with knowledge gained from books. In your opinion, which source is more important? Why?

范文

“Experience is the best teacher” is an old cliché, but I agree with it. The most important, and sometimes the hardest, lessons we learn in life come from our participation in situations. You can't learn everything from a book.

Of course, learning from books in a formal educational setting is also valuable. It's in schools that we learn the information we need to function in our society. We learn how to speak and write and understand mathematical equations. This is all information that we need to live in our communities and earn a living.

Nevertheless, I think that the most important lessons can't be taught; they have to be experienced. No one can teach us how to get along with others or how to have self-respect. As we grow from children into teenagers, no one can teach us how to deal with peer pressure. As we leave adolescence behind and enter adult life, no one can teach us how to fall in love and get married.

This shouldn't stop us from looking for guidelines along the way. Teachers and parents are valuable sources of advice when we're young. As we enter into new stages in our lives, the advice we receive from them is very helpful because they have already had similar experiences. But experiencing our own triumphs and disasters is really the only way to learn how to deal with life.